

Gambling Harm

Introduction & Awareness

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LawWorks

Caitlin Tempest



Rhondda
Cynon Taff

BeGambleAware.org[®]

The Gambling Support Service



**Raise
awareness**



**Deliver
training**



**Support
you**



**What is
gambling?**

What is gambling?

Gambling is betting, gaming or participating in a lottery, where gaming means playing a game of chance for a prize and a prize is defined as money or 'money's worth'. (The Gambling Act 2005)

A person is gambling whenever he or she takes the risk of losing money or belongings, and when winning or losing is decided mostly by chance. (Institute of Ontario: Problem Gambling, 2016)

To play a game in which you can win or lose money or possessions. To risk losing (an amount of money) in a game. To risk losing (something valuable or important) in order to do or achieve something. (Definition of Gamble by Merriam-Webster)

Types of gambling

- Arcades (for adults and for families)
- Betting (online, at an event or in a high street bookmakers)
- Bingo (online or in a bingo hall)
- Casino (online or in a casino)
- Lotteries (raffles, tombola, sweepstakes)
- Machines (fruit machines, fixed odds betting terminals)



Gaming

- ▶ LOOT BOXES
- ▶ FREMIUM APPS
- ▶ BOOSTS
- ▶ PROGRESS SLOWS
- ▶ CHARACTERS
- ▶ MIRRORING TV/FILM
- ▶ IN-APP PURCHASES
- ▶ GAMIFICATION
- ▶ NARRATIVES
- ▶ SKIN BETTING
- ▶ FIRST GAME FREE

Social acceptability

Calling gambling 'gaming'

Marketing and advertising

Emphasise fun and excitement

Socialising (with peers)

Different gambling behaviours



Access to gambling

So many platforms to choose from

Mobile technology increasing access

FOBT: Casino on the high street

Marketing, sponsorship and advertising

Gamble at home, on your own, any time of day



8423

Betting Shops

107,000

Employees

1639

Arcades

£14.4b
Quick Quiz
GGY

152

Casinos

650

Bingo Halls

£2b

Profit - Slots

Why do people gamble?



**Recreation,
relaxation,
socialise.**



**Money,
debt,
hope,
winning.**



**Learned
behaviour,
peer
pressure,
habit.**



**Challenge,
new skill,
fun, thrills,
hobby.**



**Escapism,
passing
time,
loneliness,
boredom.**

Some people think...

“I’m more likely to win than you’d expect just by chance”

“In a game with random numbers, like roulette, certain numbers are more likely to come up”

“I’ve won twice in a row ; I’m on a 'winning streak' – so I’ll bet larger and larger sums”

“I’m more likely to win at this game because I’m really familiar with it”

“ I have a secret rituals that can bring me luck”

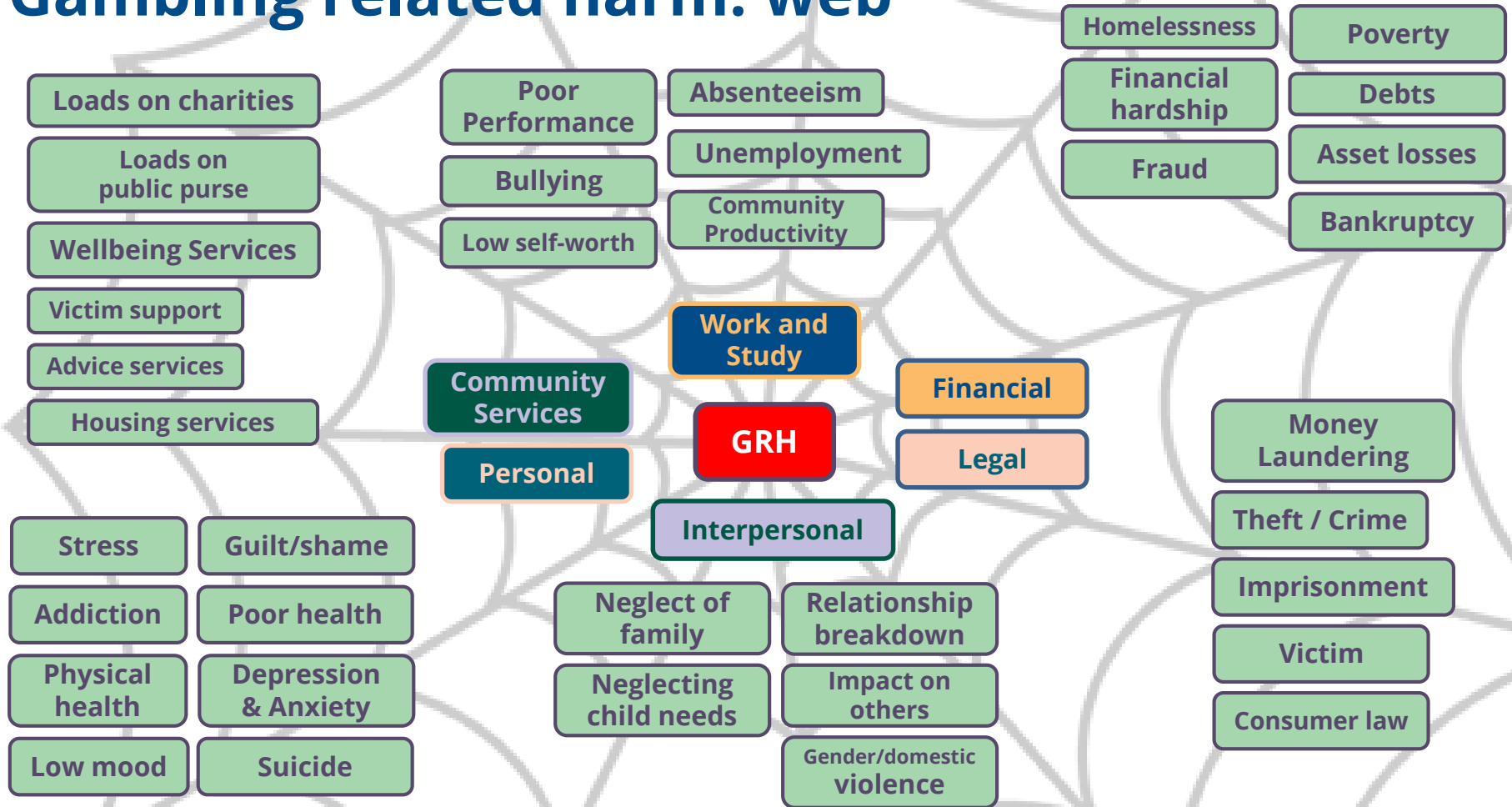
“I lost this time, but I can win back the losses by playing again”

**What is gambling
related harm?**

“gambling-related harms
are the **adverse impacts** from
gambling on the **health and**
wellbeing of individuals,
families, communities and
society”.

**Can you think of
any potential
harms that
gambling can
cause?**

Gambling related harm: web



What are signs that someone might be experiencing gambling-related harm?

What can you do to help?

MECC - **M**ake **E**very **C**ontact **C**ount

Use the opportunity to have a meaningful conversation to improve client's mental well-being and reduce health harming behaviour.

- Purposeful
- Personal
- Non-confrontational
- Confident



Screening – GAST-G

Answering; Never (0) Sometimes (1) Most of the time (2) Almost Always (3)

1. Thinking about the last 12 months, have you bet more than you could really afford to lose?
2. Thinking about the last 12 months, have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?
3. Thinking about the last 12 months, have you felt guilty about the way you gamble or what happens when you gamble?

Screening – GAST-G

Friends/Family

In the last 12 months, have you been affected by another person as a result of their gambling?

Examples of gambling to include... in a casino, bookmaker, online, at a sports venue, buying scratchcards, visiting arcades or bingo halls, or other similar activities?

Yes No

Screening – GAST-G

Friends/Family

In the last 12 months, have you been affected by another person as a result of their gambling?

Examples of gambling to include... in a casino, bookmaker, online, at a sports venue, buying scratchcards, visiting arcades or bingo halls, or other similar activities?

Yes No

Reducing Gambling-Related Harm

As part of our service we are introducing a screening for all clients. Please complete the below:

In the last 12 months:

0 = Never, 1 = Sometimes, 2 = Most of the time, 3 = Almost always

Have you gambled in a casino, bookmaker, online, sports venue, arcades or bingo halls, bought lottery or scratchcards or other similar activities?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Have you bet more than you could really afford to lose?	0	1	2	3
Have people criticised you or said that you have a gambling problem, whether you thought it was true or not?	0	1	2	3
Have you felt guilty about your gambling, or had to lie to people important to you about how much you gamble?	0	1	2	3
Have you been affected by another person's gambling?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>

Thank you. Gambling can harm your health and relationships, and leave you in serious debt. There's evidence that gambling treatment can be even more successful than for other addictions. We can provide further information and refer you for help and treatment.

Are you happy to be contacted directly by our Gambling Support Services coordinator?	Yes	No
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National Gambling Helpline
Freephone 0808 8020 133
24 hours, 7 days a week

LIVE CHAT
with our website



Name (Display Name) / Password

Enter

“There's no support for safer gambling, I had to seek the help myself. My gambling issues and deteriorating mental health lead to a breakdown. I feel there isn't strong enough or visible enough barriers on online gambling to help stop gambling before it reached crisis point. Being allowed to get more loans and more credit in quick succession was not financially healthy or good for my well-being. I was coming in for debt help due to gambling, I then completed the gambling screening.

If there wasn't the gambling screening included then I would never had told any advisers.”

**Help available to
people experiencing
gambling-related
harm.**

Self Exclusion



Counselling



1:1 counselling for people experiencing problems with their own gambling or that of a family member.

Trusted GamCare partner, delivers free counselling in Wales.

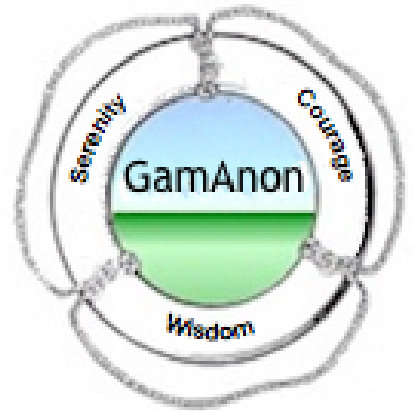
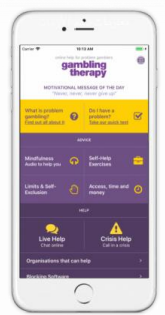
0330 1340286

info@recovery4all.co.uk

More support



online help for problem gamblers



Single points of help

BeGambleAware.org[®]



National Gambling Helpline
Freephone 0808 8020 133
24 hours, 7 days a week

LIVE CHAT
talk live online

Thanks!

caitlin.tempest@carct.org.uk

gamblingsupport@citizensadvice.org.uk